

# ELEVATE YOUR POTENTIAL

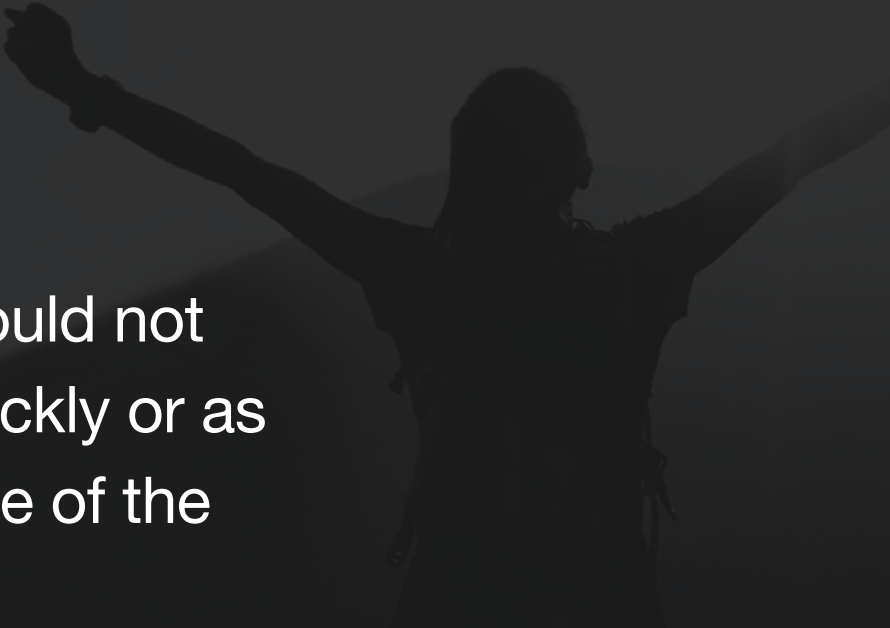
## BODY WEIGHT SUPPORT FOR

Sports Medicine Centres | Allied Health Clinics | Sporting Clubs  
Rehabilitation Centres | Commercial & Home Gyms

[LightSpeedLift.com.au](http://LightSpeedLift.com.au)

Anti-Gravity Technology

**LIGHTSPEED  
LIFT** 



“I am confident I would not have healed as quickly or as fully without the use of the LightSpeed Lift.”

## THE PROBLEM >>

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There is a need for body weight support systems that are effective, efficient and affordable for therapists, trainers and athletes.

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## THE SOLUTION >>

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LightSpeed’s unique lift from the hip technology provides support that everybody can easily use and afford.

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## THE RESULTS >>

1. Improved rehab success rates.
2. Enhanced athletic performance.
3. Increased fitness centre memberships.
4. Renewed health and vitality.



## INCREASES

- MOBILITY
- STABILITY
- SPEED
- ENDURANCE

## SHARPENS

- BALANCE
- REFLEXES
- GAIT
- MENTAL OUTLOOK

## REDUCES

- RISK OF INJURY
- IMPACT FORCE
- RISK OF FALLING
- STRAIN & TENSION

Built to alleviate pain and stress on bones and joints, LightSpeed Lift's body weight support system maximizes performance speed, relieves impact force, and enhances natural movement and balance for athletes and those challenged with physically debilitating conditions.

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**LIGHTSPEED**  
**LIFT** 

# LIFT FROM THE HIP TECHNOLOGY

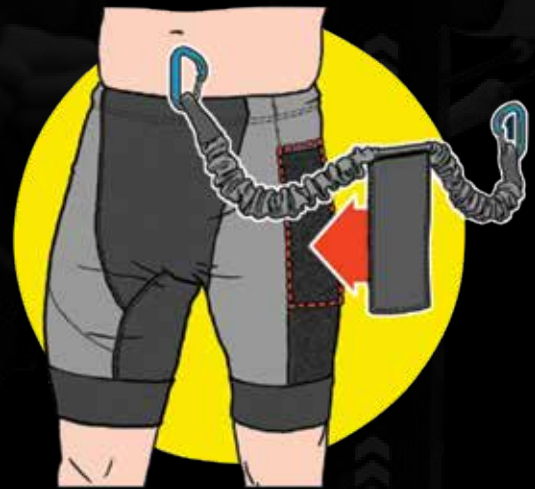
LightSpeed Lift's body weight support system creates tri-planar lift at the user's centre of motion — the hip joint. It's the only body weight support system of its kind. This simple, yet revolutionary design provides athletes and patients with universal support and a maximum range of motion.



# 2 WAYS TO LIFT

## MAGIC SHORTS

The LightSpeed *Magic Shorts* couple with the system's biasing cords to create a tight range of support at the hip joint – even during long, fast or challenging runs. These moisture-wicking compression shorts allow the user to move comfortably during any exercise.



## LIFT BELT

The LightSpeed *Lift Belt* is used over street clothing, providing quick, secure attachment. The Lift Belt has a universal fit and is a convenient way for people to use the system.



# LIGHTSPEED MODELS

Built to alleviate pain and stress on bones and joints, LightSpeed Lift's body weight support relieves impact force and enhances natural movement and balance. Each model is designed to accommodate specific body types and training needs. Find out which is most suitable for you or your facility.

## LSX500

Allied Health Clinics  
Gyms/Fitness Centres  
Hospitals  
Rehabilitation Facilities

Offering transformational results to patients with orthopedic, neurological and cardiac conditions, the **LSX500** helps users achieve a fluid, natural gait that physical therapists can monitor with ease.

## LSP400

Allied Health Clinics  
Sporting Clubs  
Gyms/Fitness Centres  
Home Gyms  
Serious Athletes

Optimal for treating and training athletes, the **LSP400** aids in speedy injury recovery and allows for unrivaled cardio, speed and endurance training.

FEATURES	LSX500	LSP400
1.5" X 1.5"FRAME		
2" X 3"FRAME	●	●
TRI-PLANAR SUPPORT CORDS	●	●
COMPRESSION SHORTS	●	●
OVERHEAD SAFETY HARNESS	●	
EASY HEIGHT ADJUSTMENT	●	●

# LSX500

ONSITE TRAINING AVAILABLE

The **LSX500** body weight support system helps provide a fluid and natural gait for patients with cardiac, orthopedic and neurological conditions. This model is ideal for all Allied Health Clinics and hospitals seeking increased patient volumes and higher treatment satisfaction.



## RECOMMENDED FOR

Allied Health Clinics  
Gyms/Fitness Centres  
Hospitals  
Rehabilitation Facilities

## DIMENSIONS

Height: 90.5" | 230cm  
Length: 54.5" | 138.5cm  
Width: 46" | 117cm

**CONTACT US  
FOR A QUOTE**



### OVERHEAD SAFETY HARNESS

*(Not pictured here.)*  
Eliminate the risk of falling with an overhead harness attachment.

### EASY VARIABLE SUPPORT

Adjustable attachment bars allow for customised support and control.

### BODY WEIGHT SUPPORT

Support cords connected at hips reduce running impact force by up to 30kg.

### COMPRESSION SHORTS/BELT

Lift from the hip technology provides an anchor point for the tri-planar lift.

### UNIVERSAL FRAME

Compatible with any treadmill.

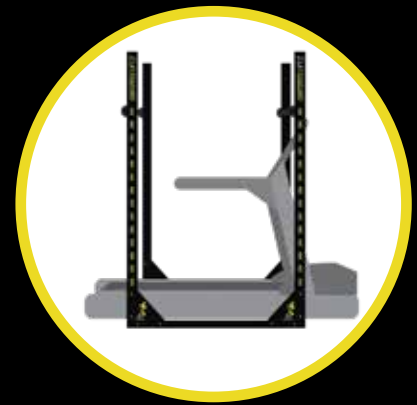
[LightSpeedLift.com.au](http://LightSpeedLift.com.au)



# LSP400

ONSITE TRAINING AVAILABLE

Optimal for treating and training committed athletes, the **LSP400** aids in speedy injury recovery and allows for unrivaled cardio, speed and endurance training. This model is ideal for fitness centres, gyms with full-time trainers, sporting clubs and professional athletes.



## RECOMMENDED FOR

Allied Health Clinics  
Sporting Clubs  
Gyms/Fitness Centres  
Home Gyms  
Serious Athletes

## DIMENSIONS

Height: 75.5" | 192cm  
Length: 48" | 122cm  
Width: 44.5" | 113.1cm

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### EASY VARIABLE SUPPORT

Adjustable attachment bars allow for customised support and control.

### BODY WEIGHT SUPPORT

Support cords connected at hips reduce running impact force by up to 30kg.

### COMPRESSION SHORTS/BELT

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### UNIVERSAL FRAME

Compatible with any treadmill.

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**REDUCE IMPACT FORCE BY UP TO 30KGS**



# THE LIGHTSPEED ADVANTAGE

LightSpeed Lift's lift from the hip technology relieves up to 30kgs of a person's body weight, allowing for enhanced training and treatment capabilities. Each model is designed to accommodate specific body types and training needs. Find out which is most suitable for you or your facility.

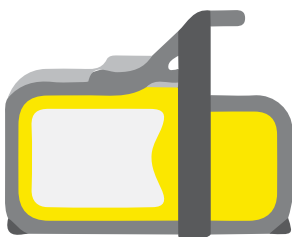
## LIGHTSPEED LIFT

- Affordable
- Comfortable
- Easy to adjust
- Hands-on therapy
- Simple design
- Portable
- Multi-purpose
- Lightweight



COMPARED TO

### ANTI-GRAVITY SYSTEM



- Expensive
- Hands-off therapy
- Large footprint
- Constricted mobility
- Limited range of motion

### CEILING-MOUNTED SYSTEM



- Cumbersome straps
- Constricted mobility
- Difficult to assemble
- Inconvenient to move

# OUTPACE THE COMPETITION

Unlike other body weight support devices, LightSpeed Lift's lift from the hip technology tailors to the wants and needs of therapists, trainers and all users while maintaining a reasonable price.

# IMPROVE MOVEMENT BALANCE STRENGTH AND SPEED



“It’s a great tool for restoring function. I love seeing my patients light up when they first experience it.”

**JIM RAUZI, PHYSIOTHERAPIST**

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**LIGHTSPEED  
LIFT** 

**LESS  
IMPACT  
HAS A  
BIG  
IMPACT** »»

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# SPORTS MEDICINE & ALLIED HEALTH CLINICS

- ✓ Assure safety and confidence for patients and therapists
- ✓ Offer a functional, dynamic training environment
- ✓ Expand patient base and markets
- ✓ Early running rehabilitation strategies
- ✓ Create transformational results

**INCLUDE BODY WEIGHT SYSTEM REHABILITATION SERVICES IN YOUR CLINIC**

## FITNESS CENTRES

- ✓ Assure safe training for members and staff
- ✓ Offer contemporary cardio experiences
- ✓ Boost member retention
- ✓ Extend treadmill life
- ✓ Members can use the LightSpeed Lift as a rehabilitation training tool



**EXPAND YOUR GYMS OFFERING TO MEMBERS BY INCLUDING BODY LIFT TRAINING & REHABILITATION**

## HOME GYMS

- ✓ Safe and secure training in the comfort of your home
- ✓ Prevent overuse injuries
- ✓ Maximize treadmill performance

**IMPROVED FORM, PERFORMANCE AND NEUROMUSCULAR CONTROL**

## CLINICAL STUDY

# LIGHTSPEED LIFT GAIT KINETICS ANALYSIS

*Performed by the College of St. Scholastica  
Department of Physical Therapy*

Upon the observation of 15 healthy, young adults using a LightSpeed Lift body weight support system for a minimum of 5 hours, researchers determined that the device has statistically and clinically significant unweighting effects. Further, it was determined that this body weight support system can reduce impact force to lower extremities, and thus serve as an effective system for gait improvement, rehabilitation and injury prevention purposes.

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Patent No: US Patent 9,370,680 B1