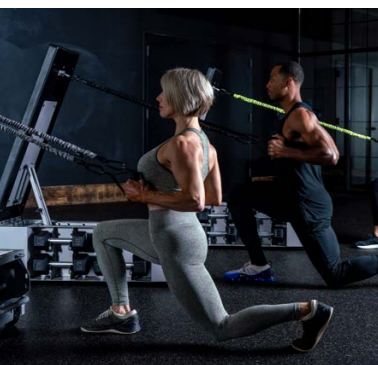




**FITBENCH<sup>®</sup>**

**THE BENCHMARK OF FITNESS**



# INTRODUCING FITBENCH

At FITBENCH®, we believe in creating superior fitness experiences through our innovative equipment.

FITBENCH has been designed to keep your workout intensity high and allows for quick exercise transitions in a safe and neat manner.

Our benches comes fully loaded with commercial grade weights and functional workout equipment. They each are robust, organized, and portable, making any FITBENCH the perfect choice for class environments and small group training.

FITBENCH is Where Function Meets Fitness®.

ATTENTIVE  
EFFECTIVE  
STRONG



” INNOVATING FUNCTIONAL FITNESS SINCE 2016 “

# FITBENCH

— ONE —

DIFFERENCES?

- **Target consumer:**  
HIIT workouts, group training
- **Included with the ONE:**  
6 sets of dumbbells  
1 slam ball  
2 kettlebells  
3 sets of FITBANDS
- **Dimensions (L x W x H):**  
46.5" x 17" x 20"  
118 x 43 x 51 cm

# FITBENCH

— STUDIO —

DIFFERENCES?

- **Target consumer:**  
Boutique studios, class environments
- **Included with the STUDIO:**  
4 sets of dumbbells  
1 slam ball  
1 kettlebell  
3 sets of FITBANDS
- **Dimensions (L x W x H):**  
46.5" x 15" x 15.5"  
118 x 38 x 39 cm

# FITBENCH

— PRO —

DIFFERENCES?

- **Target consumer:**  
Athletic performance
- **Included with the PRO:**  
MX55 adjustable dumbbells  
1 slam ball  
1 kettlebell  
3 sets of FITBANDS  
1 foam roller
- **Dimensions (L x W x H):**  
46.5" x 17" x 18"  
118 x 43 x 46 cm

# FITBENCH

— YBELL —

DIFFERENCES?

- **Target consumer:**  
Group classes, strength training
- **Included with the YBELL:**  
10-piece YBell Kit  
3 sets of FITBANDS
- **Dimensions (L x W x H):**  
46.5" x 15" x 15.5"  
118 x 38 x 39 cm

# FITBENCH

— FREE —

DIFFERENCES?

- **Target consumer:**  
Residential, home gyms
- **Included with the FREE:**  
4 sets of dumbbells  
1 slam ball  
1 kettlebell  
3 sets of FITBANDS
- **Dimensions (L x W x H):**  
46.5" x 16" x 16.5"  
118 x 41 x 42 cm





# FITBENCH<sup>®</sup>

## ONE

The FITBENCH ONE™ is the bench that started it all. With durability and safety at its' forefront, the ONE is our flagship model that is perfect for small group training and HIIT workouts. Experience comfort and stability simultaneously when training with the FITBENCH ONE.

### WHAT'S INCLUDED

#### 6 SETS OF DUMBBELLS

5, 10, 15, 20, 25, 30 LB | 2, 4, 7, 10, 12, 14 KG

#### 2 KETTLEBELLS

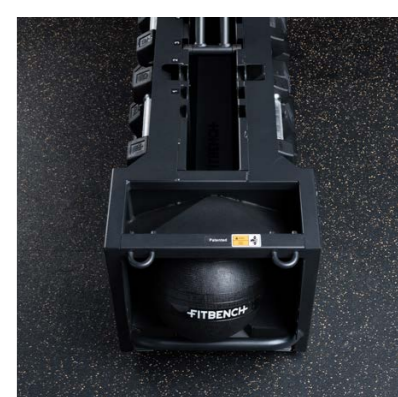
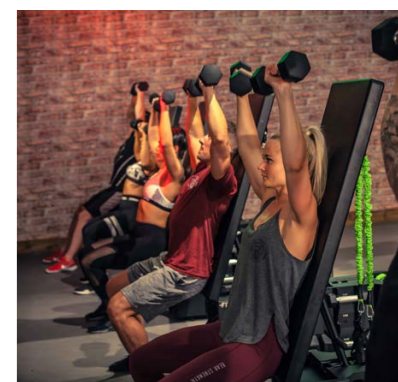
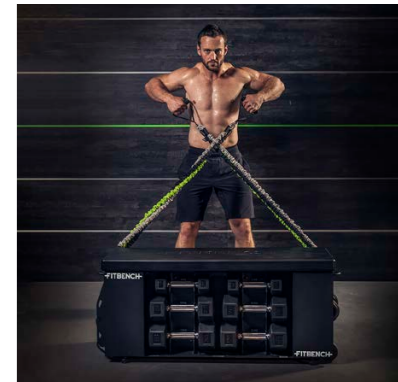
18, 30 LB | 8, 12 KG

#### 1 SLAM BALL

15 LB | 7 KG

#### 3 SETS OF FITBANDS

10, 20, 40 LB | 4, 10, 18 KG





You guessed it: the FITBENCH STUDIO™ is the premiere, all-inclusive workout bench for boutique studios.

As our smallest model, the STUDIO has a narrower top and shorter step height, making it ideal for step-ups and other dynamic exercises. And with only four sets of our commercial-grade dumbbells, this bench works perfectly for boutique fitness classes.

## WHAT'S INCLUDED

### 4 SETS OF DUMBBELLS

10, 15, 20, 25 LB | 4, 7, 10, 12 KG

### 1 KETTLEBELL

18 LB | 8 KG

### 1 SLAM BALL

12 LB | 5 KG

### 3 SETS OF FITBANDS

10, 20, 40 LB | 4, 10, 18 KG





# FITBENCH

— P R + —

Introducing the bench engineered for the strongest of athletes: the FITBENCH PRO™.

The PRO was built to neatly store commercial-grade adjustable dumbbells (up to 90 pounds) on each side, making it a more versatile option for strength training. Unlike our other benches, the sides of the PRO tilt outward so that you can easily pick up and put back your weights safely.

## WHAT'S INCLUDED

**2 SETS OF MXSELECT MX55 ADJUSTABLE DUMBBELLS**

10-PAIR DUMBBELL SET: 10 - 55 LB | 4.5 - 24.9 KG

**1 KETTLEBELL**

18 LB | 8 KG

**1 SLAM BALL**

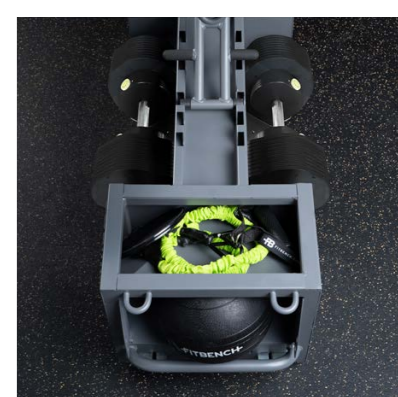
15 LB | 7 KG

**3 SETS OF FITBANDS**

10, 20, 40 LB | 4, 10, 18 KG

**1 FOAM ROLLER**

*\*\*Fits multiple other brands of adjustable dumbbells*





Two of the industry's best innovations collide to create the FITBENCH YBELL™.

Combining YBell Fitness' unique 4-in-1 training tool that fuses a dumbbell, kettlebell, double-grip med ball, and push-up stand, with our patented bench design, our newest bench is the perfect pairing of two great products and companies.



## WHAT'S INCLUDED

### 10-PIECE YBELL KIT

9.5, 14.3, 17.6, 22, 26.4 LB | 4.3, 6.5, 8, 10, 12 KG

### 3 SETS OF FITBANDS

10, 20, 40 LB | 4, 10, 18 KG





**FITBENCH**<sup>®</sup>  
\*\*\*\*\*  
\*\*\*\*\* F R E E ≡

100% MADE IN THE USA, the FITBENCH FREE™ is here.

The FREE is our first bench to be made of polyethylene composite material, so it is light-weight but still incredibly durable. With six elevating positions, five steel anchor points, and two fixed wheels for mobility, the FREE weighs only 80 pounds so it can be moved to different locations with ease.

## WHAT'S INCLUDED

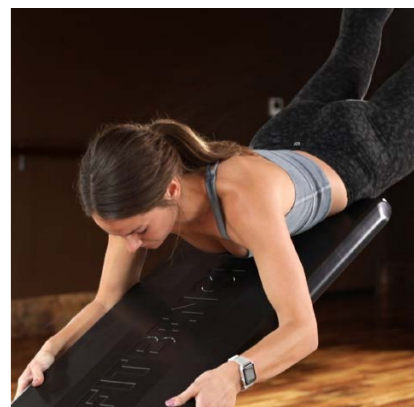
**4 SETS OF DUMBBELLS**  
10, 15, 20, 25 LB | 4, 7, 10, 12 KG

**1 KETTLEBELL**  
18 LB | 8 KG

**1 SLAM BALL**  
12 LB | 5 KG

**3 SETS OF FITBANDS**  
10, 20, 40 LB | 4, 10, 18 KG

*\*\*Also available "naked", without any accessories*





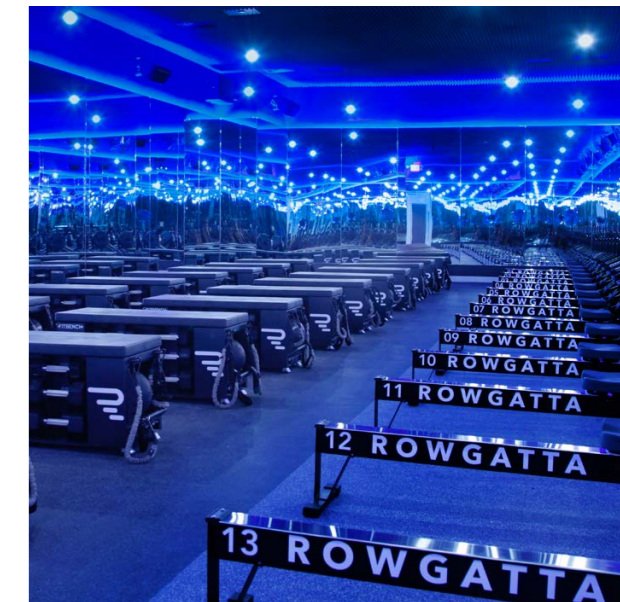
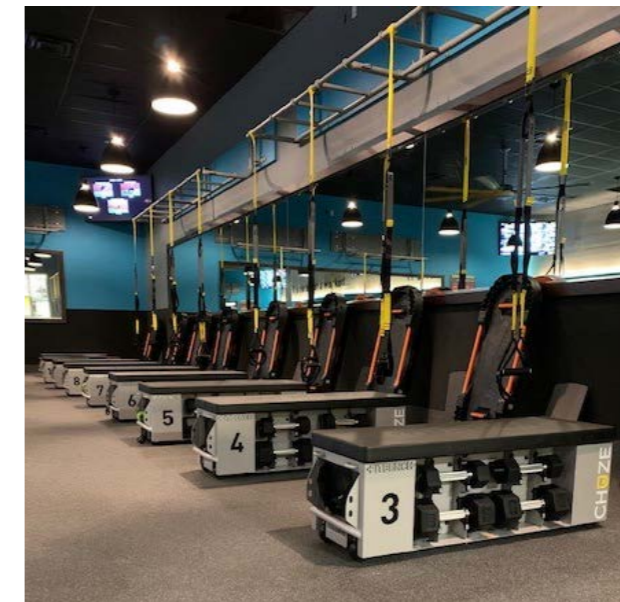
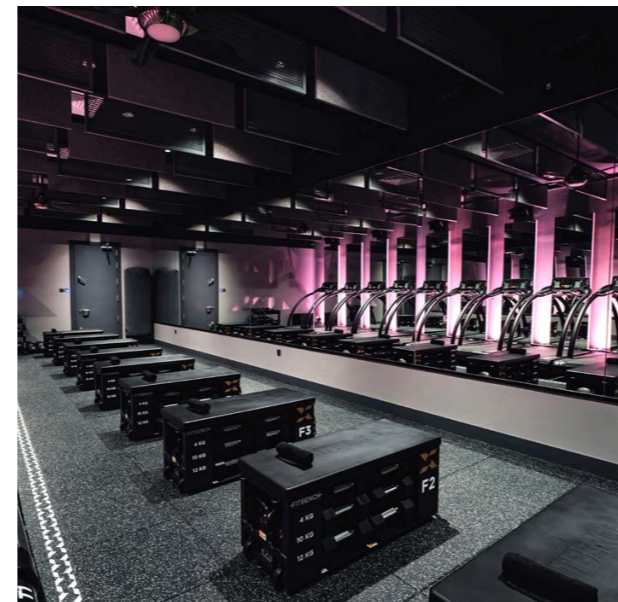
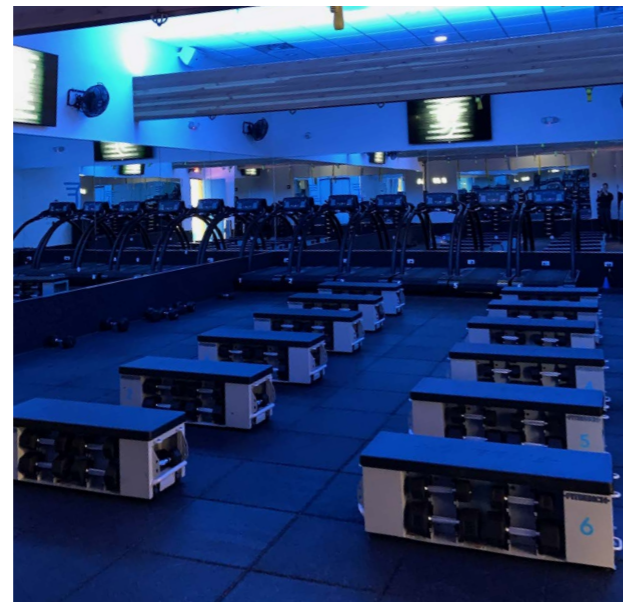


# CUSTOMIZE YOUR CLUB

We understand that you've made your club special over the years and want to continue to see it grow. That's why we offer total customization of the FITBENCH.

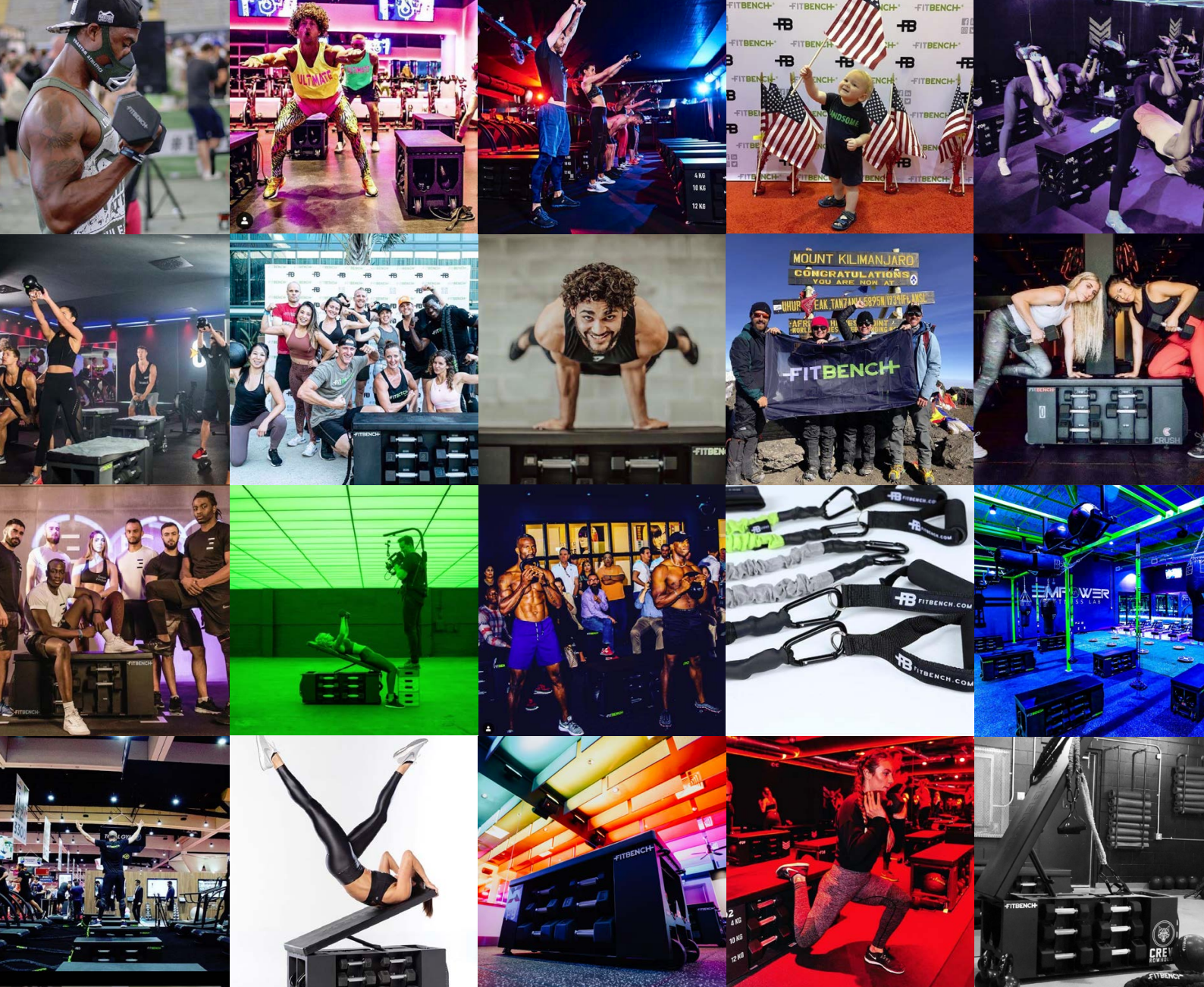
Choose from custom logos, company colors, and even a custom molded top to reflect your one-of-a-kind club. You can customize one section, or make the bench completely yours.

Check out our Instagram to see how other clubs have gotten inspired by FITBENCH customization.





FITBENCH



# **FITBENCH**<sup>®</sup>

FITBENCH.com | @FITBENCH

